

# DAY 01

20th February, 2026  
Friday

# Apnea Hall 1: DAY 01 – 20th February, 2026 (Friday)

| Time  | Speaker  | Topic  |
|---|--|--|
| <b>8:00 AM</b>  | <b>Registration</b>  |  |
| 8:45 AM   | Setting up the stage - Maria Surrna, Vikas Agrawal, Srinivas Kishore & Vijaya Krishnan   |  |
| <b>Key Note Lecture</b>   |  |  |
| 9:00 AM   | Bhik Kotecha, United Kingdom   | History of OSA from Dickens to Da Vinci & Beyond                                   |
| 9:20 AM   | Olivier Vanderveken, Belgium   | Do we need DISE in all our patients with OSA                                       |
| 9:40 AM   | Kenny Pang, Singapore  | UARS – A New Classification  |
| <b>Mohan Kameswaran Oration</b>   |  |  |
| 10:00 AM  | Lyndon Chan, Australia   | The Proud Australian: The Past, Present and Future                                 |
| <b>Past President Oration</b>   |  |  |
| 10:30 AM  | Vidyasagar R, India  | "Sleep Surgery: The Times When 'No' Is the Best Option"                            |
| 11:00 AM  | Inauguration - Chief Guest "Hon'ble Dr Justice Dhananjaya Y Chandrachud, Former Chief Justice of   |  |
| <b>Understanding Endotypes, Phenotypes &amp; Biological Markers</b>       |  |  |
| 12:00 PM  | Boyd Gillespie, USA  | Understanding Endotypes and Phenotypes in OSAS                                     |
| 12:15 PM  | Carolina De Paula Soares, Brazil   | OSA in Women: Phenotypes, Endotypes, and Clinical Implications across the Lifespan |
| 12:30 PM  | Nicole Perez Blanc, Mexico   | Type 2 Inflammation and Biological Markers in OSAS                                 |
| 12:45 PM  | Edilson Zancanella, Brazil   | Beyond AHI: Rethinking Disease Severity  |
| <b>1:00 PM</b>  | <b>Lunch</b>   |  |
| <b>Inputs in Nasal Surgery for sleep apnea</b>                            |  |  |
| 2:00 PM   | Kenny Pang, Singapore  | Is the nose so crucial in OSA surgery  |
| 2:15 PM   | Danilo Sguillar, Brazil  | Nasal Surgery and Its Impact on OSA  |
| 2:30 PM   | Nicolas Youssef Bu-Saba, USA   | Optimizing CPAP Therapy: The Role of Nasal Surgery                                 |
| <b>Inputs in Nasal Surgery for sleep apnea</b>                            |  |  |
| 2:45 PM   | Cristian Bachelet (Moderator),<br>Ashutosh Kacker, Danilo Aguilar,<br>Alberto Landaida   | Nasal Surgery in OSA: Foundation or Adjunct?                                       |
| <b>The Art and Science of Clinical Evaluation</b>                         |  |  |
| 3:30 PM   | Abdulrahman Ghareeb, Bahrain   | Unmasking heterogeneity of OSA   |
| 3:45 PM   | Jessica Schwarts, UAE  | First visit approach of the snoring patient in the ENT clinic                      |
| 4:00 PM   | Kavita Dedhia, USA   | Clinical evaluation of Persistent Pediatric OSAS - After T & A                     |
| <b>Beyond Snoring: The Art and Science of Clinical Evaluation in SRBD</b> |  |  |
| 4:15 PM   | Dipankar Datta (Moderator),<br>Ryan Cheong, Carolina De<br>Paula Soares, Arup Halder,<br>Kranthi K Reddy, Souvik Roy<br>Choudhury, Kamal Pandyan | Beyond Snoring: The Art and Science of Clinical Evaluation in SRBD                 |
| <b>Instructional Course 5 (120 mins)</b>                                  |  |  |
| 5:30 PM   | Tripath Deep Singh, India  | Scoring Sleep Studies: A Practical Workshop for Clinicians                         |

# Hypopnea Hall 2: DAY 01 – 20th February, 2026 (Friday)

| Time   | Speaker   | Topic  |
|--|---|--|
| <b>Combined Sessions</b>   |   |  |
| <b>Principles of Structural and Functional Contributors to Obstructive Sleep Apnoea</b>    |   |  |
| 12:00 PM   | Perla Sepulveda, Mexico   | Craniofacial growth and its relationship with AOS  |
| 12:15 PM   | Michel Cahali, Brazil   | Deep Sleep and OSA: Revisiting Respiratory Sleep Physiology                                    |
| 12:30 PM   | Arushi Gulati, USA  | Decision making in Sleep Surgery   |
| 12:45 PM   | Ranjini Raghavan, India   | "Is Snoring benign? Carotid Intima-Media thickness as a Marker of Subclinical Vascular Risk"   |
| <b>1:00 PM</b>   | <b>Lunch</b>  |  |
| <b>Functional airway assessment</b>  |   |  |
| 2:00 PM  | Yoshinori Saito, Japan  | Natural Sleep Endoscopy  |
| 2:15 PM  | Rashu Mittal, Bahrain   | Dynamic Drug Induced Sleep Computed Tomography: A correlation with other diagnostic modalities |
| 2:30 PM  | Narinder Singh, Australia   | CFD and Nasal Airflow  |
| <b>Role of imaging in functional airway assessment</b>                                     |   |  |
| 2:45 PM  | Seemab Shaikh (Moderator),<br>Vijaya Krishnan, Konomi Ikeda,<br>Roshan Rayen  | Emerging role of imaging in functional airway assessment                                       |
| <b>Sleep Study Simplified: From Polysomnography to Home Sleep Testing—What's Reliable?</b> |   |  |
| 3:30 PM  | Mariana Campos, Spain   | Sleep Medicine in the Era of Big Data and AI: How large-scale analysis of PSG                  |
| 3:45 PM  | Tripat Deep Singh, India  | PSG – Success lies in the data which we are Ignoring   |
| 4:00 PM  | Marta Alcaraz Fuentes, Spain  | Can we trust in PSG parameters?  |
| <b>DISE, CBCT, and Dynamic MRI: Are we seeing the same airway?</b>                         |   |  |
| 4:15 PM  | Vijaya Krishnan (Moderator),<br>Bhik Kotecha, Sandeep Bansal,<br>Seemab Shaikh, Sukhwinder<br>Bindra, Marina Carrasco-Llatas,<br>Srinivas Kishore | DISE, CBCT, and Dynamic MRI: Are We Seeing the Same Airway?                                    |
| <b>Instructional Course 6 (120 mins)</b>   |   |  |
| 5:30 PM  | Sandeep Bansal, Anukaran M,<br>Shilpa Nair, Kashmira  | Drug-Induced Sleep Endoscopy (DISE) – Step-by-Step Technique                                   |

# RERA Hall 3: DAY 01 – 20th February, 2026 (Friday)

| Time   | Speaker   | Topic  |
|--|---|--|
| <b>Combined Sessions</b>   |   |  |
| <b>From Airway Anatomy to Endotype-Driven Surgical Selection</b>                           |   |  |
| 12:00 PM   | Sreenivas Kamath, India   | Understanding the Velopharynx: A Surgical Perspective  |
| 12:15 PM   | Shilpa Nair, India  | Functional Anatomy of the Oropharynx, and Hypopharynx in OSAS                                      |
| 12:30 PM   | Anupam Kanodia, India   | Endotypes and Phenotypes in OSAS: Concepts and Clinical Relevance                                  |
| 12:45 PM   | Kamal Pandyan, India  | Endotype-Based Patient Selection for Surgical Therapy  |
| <b>1:00 PM</b>   | <b>Lunch</b>  |  |
| <b>Pediatric OSAS</b>  |   |  |
| 2:00 PM  | Tushar Kanti Ghosh, India   | Nasal stuffiness, mouth breathing , snoring in children's is it really allergic or something else. |
| 2:15 PM  | Sankara Subramanian, India  | Role of Allergic Rhinitis in Pediatric OSAS  |
| 2:30 PM  | Shailesh Khode, UAE   | Residual OSAS in Non syndromic children: Post T & A  |
| <b>Scoring the Airway: Do We Need a Universal Classification for Sleep Endoscopy?</b>      |   |  |
| 2:45 PM  | Thomas Kaffenberger<br>(Moderator), Vikas Agrawal,<br>Narender Singh, Sohil Gala  | Scoring the Airway: Do We Need a Universal Classification for Sleep Endoscopy?                     |
| <b>Palate Surgery: Principles &amp; Rationale</b>  |   |  |
| 3:30 PM  | Nagarajan S, India  | Principles and Biomechanics of Palatal Surgical expansion  |
| 3:45 PM  | Antony Irudhayarajan, India   | Rationale for Uvula-Sparing Techniques in OSAS Surgery   |
| 4:00 PM  | Vidyasagar D, India   | Modified Barbed Pharyngoplasty: When, Why, How?  |
| <b>Sleep Study Simplified: From Polysomnography to Home Sleep Testing—What's Reliable?</b> |   |  |
| 4:15 PM  | Prabhudesai P (Moderator),<br>Tripath Deep Singh, Vidyasagar<br>D, Anupam Kanodia, Jas<br>Simran, Raghavendra K S,<br>Prakhar Agarwal | Sleep Study Simplified: From Polysomnography to Home Sleep Testing—What's Reliable?                |
| <b>Instructional Course 7 (120 mins)</b>   |   |  |
| 5:30 PM  | Ranjini Raghavan, Navin Patel,<br>Dipankar Datta, Bijiraj, Rahul<br>Nahar, Shivam Sharma  | The New Pack in ENT: Elevating Sleep Procedures with WEREWOLF,<br>HALO, and ARIS                   |

## NREM Hall 4: DAY 01 – 20th February, 2026 (Friday)

| Time  | Speaker              | Topic   |  |  |
|---|----------------------|---|--|--|
| <b>Combined Sessions</b>  |                      |   |  |  |
| <b>Revisiting DISE: Evolution, Interpretation &amp; Re-Classification</b> |                      |   |  |  |
| 12:00 PM  | Bhik Kotecha, UK     | 40 Years of DISE  |  |  |
| 12:15 PM  | Shivam Sharma, India | From Static Anatomy to Dynamic Function: Insights from DISE                                     |  |  |
| 12:30 PM  | Anand Raju, India    | The Limitations of Current DISE Interpretation: Implications for a New Classification Framework |  |  |
| 12:45 PM  | Mihir Mohan, India   | DISE classifications: Are we just poking a continuum?   |  |  |
| <b>1:00 PM</b>  | <b>Lunch</b>         |   |  |  |
| <b>ISSS Research Meeting (2 pm to 6 pm)</b>                               |                      |   |  |  |
| <b>Instructional Course 8 (90 mins)</b>                                   |                      |   |  |  |
| 6:00 PM   | Gautham K, Atul Pore | Interdisciplinary Surgical Planning for Multilevel Sleep Surgery                                |  |  |

# REM Hall 5: DAY 01 – 20th February, 2026 (Friday)

| Time   | Speaker  | Topic   |
|--|--|---|
| <b>Combined Sessions</b>   |  |   |
| <b>Integrating Dental and Clinical Perspectives in SDB</b>                               |  |   |
| 12:00 PM   | Audrey Yoon, USA / Nivedita Kumar, India   | OSA from Dental Perspective   |
| 12:15 PM   | Mihir Shah, India  | Pathophysiology of Pediatric OSA: Phenotypic Perspective  |
| 12:30 PM   | Preeth Shetty, India   | History and Clinical Examination in Pediatric SDB   |
| 12:45 PM   | Pooja Radadiya, India  | History and Clinical Examination in Adult SDB   |
| <b>1:00 PM</b>   | <b>Lunch</b>   |   |
| <b>Diagnostic Tools for Airway Assessment</b>  |  |   |
| 2:00 PM  | Roshan Rayen, India  | Investigatory Tools for Growth Based Airway Assessment  |
| 2:15 PM  | Nivedita Kumar, India  | Sleep Studies interpretation for Dentists   |
| 2:30 PM  | Sukhvinder Bindra, India   | CBCT Interpretation for Obstructive Sleep Apnea   |
| <b>Airway Augmentation &amp; Growth Modification</b>                                     |  |   |
| 2:45 PM  | Manisha Yadav, India   | Airway Augmentation from Infancy to Adulthood   |
| 3:00 PM  | Santoshkumari Rathod, India  | Treatment modalities for Pediatric SRBD at different Ages   |
| 3:15 PM  | Sneha Hukmani, India   | Role of Functional Appliances- Twin Block in Pediatric SDB  |
| <b>Guiding growth Guarding Sleep craniofacial growth modifications for pediatric OSA</b> |  |   |
| 3:30 PM  | Ejaz Anwar, India  | Vertical growth risk for OSA and intervention in pediatric patients   |
| 3:45 PM  | Kranthikumar Reddy, India  | Maxillary expansion and OSA: Decision making in clinical practice   |
| 4:00 PM  | Jojo Vallamatam, India   | Unlocking the power of breathing & Sleep with MSE   |
| <b>Airway Remodeling for pediatric and adolescent</b>                                    |  |   |
| 4:15 PM  | Mihir Shah (Moderator), Rahul Modi, Jojo Vallamatam, Meenakshi Kher, Audrey Yoon, 1 pediatrician | Airway Remodeling for pediatric and adolescent  |
| <b>Surgical Video Session 3</b>  |  |   |
| 5:30 PM  | Sukhvinder Bindra, India   | SARME/MMA   |
| 5:45 PM  | Chandrakant Shete, India   | The Amazing benefits of practicing Dental Sleep Medicine  |
| 6:00 PM  | Hariharan VS, India  | Videos session on MAD DEVICE for snoring.   |
| 6:15 PM  | Ankita Shah, India   | Why Many Sleep Appliances Fail: The Missing Role of TMJ, Tongue Posture & Neuro-Fascial Balance               |
| 6:30 PM  | Jojo Vallamatam, India   | Surgical Assisted MSE with Piezotome  |
| 6:45 PM  | Pratibha Mahajan, India  | Dynamics of treatment of sleep apnea, posture and performance enhancement in sports.                          |
| 7:00 PM  | Chandrakant Shete, India   | Novel way for effective Management of OSA: Customised Mandibular Repositioning Device & CPAP (Hybrid Therapy) |
| 7:15 PM  | Tina Rokadia, Dubai  | Video session for DISE In MAD's   |

# SG Hall 6: DAY 01 – 20th February, 2026 (Friday)

| Time                                    | Speaker                                | Topic   |
|---|--|---|
| <b>Combined Sessions</b>                |  |   |
| <b>Instructional Course 1 (60 mins)</b> |  |   |
| 12:00 PM                                | Rahul Modi, Sohil Gala, Anupam Kanodia | Polysomnography & Sleep Report Interpretation for Surgeons                    |
| <b>1:00 PM</b>                          | <b>Lunch</b>                           |   |
| <b>Instructional Course 3 (90 mins)</b> |  |   |
| 2:00 PM                                 | Srinivas Kishore, Vidyasagar R, Yawar  | Detailed Surgical Anatomy of the Upper Airway: From Nasal Valve to Epiglottis |
| <b>Surgical Video Session 1</b>         |  |   |
| 3:30 PM                                 | Tatiana de Agular, Brazil              | Barbed reposition pharyngoplasty : When, how and Why?                         |
| 3:45 PM                                 | Maria Alejandra Pulido                 | Barbed Pharyngoplasty (BRP): How I do it                                      |
| 4:00 PM                                 | Nayeli Diaz                            | Barbed Pharyngoplasty (BRP): How I do it                                      |
| 4:15 PM                                 | Luciana Godoy                          | Barbed Pharyngoplasty (BRP): How I do it                                      |
| 4:30 PM                                 | Raul Mtz Vite                          | Barbed Pharyngoplasty (BRP): How I do it                                      |
| 4:45 PM                                 | Anamika Rathore, Dubai                 | Barbed Pharyngoplasty (BRP): How I do it                                      |
| <b>Surgical Video Session 4</b>         |  |   |
| 5:30 PM                                 | Ganesh Raja, India                     | Palatal Surgery: Modifications  |
| 5:45 PM                                 | Raghavendra K S, India                 | Palatal Surgery: How I do it  |
| 6:00 PM                                 | Ani Papian, Russia                     | Vicini and Salamanca Technique of Barbed Pharyngoplasty                       |
| 6:15 PM                                 | Rishab Jain, India                     | TBD   |
| 6:30 PM                                 | Satyaprakash Dubey, India              | My experience with UPPP   |
| 6:45 PM                                 | Neha Shah, India                       | RAUP by Kotecha technique   |
| 7:00 PM                                 | Anand Raju, India                      | Modified Zeta Palato Pharyngoplasty   |
| 7:15 PM                                 | Lekha Kapoor, Dubai                    | Palatal Surgery: How I do it  |

# Arousal Hall 7 : DAY 01 – 20th February, 2026 (Friday)

| Time                                     | Speaker   | Topic  |
|--|---|--|
| <b>Combined Sessions</b>                 |   |  |
| <b>Instructional Course 2 (60 mins)</b>  |   |  |
| 12:00 PM                                 | Arup Haldar, Dipti Badwe, Dipankar Datta, India | CPAP Titration, Troubleshooting, and Data Interpretation for Surgeons              |
| <b>Lunch</b>                             |   |  |
| 2:00 PM                                  | Clemens Heiser, Germany                         | Neurostimulation   |
| <b>Surgical Video Session 2</b>          |   |  |
| 3:30 PM                                  | Deepti Sinha, India                             | Role of nasal surgery in Sleep Apnea   |
| 3:45 PM                                  | Rakhi Dhotre, India                             | Optimising Airflow – the role of nasal surgery in OSA                              |
| 4:00 PM                                  | Ram Kumar, India                                | Role of Turbinate Surgery in Pediatric OSAS  |
| 4:15 PM                                  | Tarak Emara, Egypt                              | Tongue base surgery for OSA patients: How I do it ?                                |
| 4:30 PM                                  | Marty Hopp, USA                                 | Using Virtual Health to Guide Mandibular Advancement Device (MAD) Treatment of OSA |
| 4:45 PM                                  | Andrew Wong, Australia                          | Multilevel sleep surgery with coblation tongue reduction                           |
| <b>Instructional Course 9 (120 mins)</b> |   |  |
| 5:30 PM                                  | Sukhwinder Bindra, India                        | Skeletal Framework Surgery – Hands on  |