

# DAY 01

20th February, 2026  
Friday

# Apnea Hall 1: DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Topic
8:00 AM	Registration	
8:45 AM	Setting up the stage - Maria Surrna, Vikas Agrawal, Srinivas Kishore & Vijaya Krishnan	
Key Note Lecture		
9:00 AM	Bhik Kotecha, United Kingdom	History of OSA from Dickens to Da Vinci & Beyond
9:20 AM	Olivier Vanderveken, Belgium	Do we need DISE in all our patients with OSA
9:40 AM	Kenny Pang, Singapore	UARS - A New Classificaion
Mohan Kameswaran Oration		
10:00 AM	Lyndon Chan, Australia	The Proud Australian: The Past, Present and Future
Past President Oration		
10:30 AM	Vidyasagar R, India	“Sleep Surgery: The Times When ‘No’ Is the Best Option”
11:00 AM	Inauguration - Chief Guest "Hon'ble Dr Justice Dhananjaya Y Chandrachud, Former Chief Justice of	
Understanding Endotypes, Phenotypes & Biological Markers		
12:00 PM	Boyd Gillespie, USA	Understanding Endotypes and Phenotypes in OSAS
12:15 PM	Carolina De Paula Soares, Brazil	OSA in Women: Phenotypes, Endotypes, and Clinical Implications across the Lifespan
12:30 PM	Nicole Perez Blanc, Mexico	Type 2 Inflammation and Biological Markers in OSAS
12:45 PM	Edilson Zancanella, Brazil	Beyond AHI: Rethinking Disease Severity
1:00 PM	Lunch	
Inputs in Nasal Surgery for sleep apnea		
2:00 PM	Kenny Pang, Singapore	Is the nose so crucial in OSA surgery
2:15 PM	Danilo Sguillar, Brazil	Nasal Surgery and Its Impact on OSA
2:30 PM	Nicolas Youssef Bu-Saba, USA	Optimizing CPAP Therapy: The Role of Nasal Surgery
Inputs in Nasal Surgery for sleep apnea		
2:45 PM	Cristian Bachelet (Moderator), Ashutosh Kacker, Danilo Aguilar, Alberto Landaida	Nasal Surgery in OSA: Foundation or Adjunct?
The Art and Science of Clinical Evaluation		
3:30 PM	Abdulrahman Ghareeb, Bahrain	Unmasking heterogeneity of OSA
3:45 PM	Jessica Schwarts, UAE	First visit approach of the snoring patient in the ENT clinic
4:00 PM	Kavita Dedhia, USA	Clinical evaluation of Persistent Pediatric OSAS - After T & A
Beyond Snoring: The Art and Science of Clinical Evaluation in SRBD		
4:15 PM	Dipankar Datta (Moderator), Ryan Cheong, Carolina De Paula Soares, Arup Halder, Kranthi K Reddy, Souvik Roy Choudhury, Kamal Pandyan	Beyond Snoring: The Art and Science of Clinical Evaluation in SRBD
Instructional Course 5 (120 mins)		
5:30 PM	Tripath Deep Singh, India	Scoring Sleep Studies: A Practical Workshop for Clinicians

# Hypopnea Hall 2: DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Topic
Combined Sessions		
Principles of Structural and Functional Contributors to Obstructive Sleep Apnoea		
12:00 PM	Perla Sepulveda, Mexico	Craniofacial growth and its relationship with AOS
12:15 PM	Michel Cahali, Brazil	Deep Sleep and OSA: Revisiting Respiratory Sleep Physiology
12:30 PM	Arushi Gulati, USA	Decision making in Sleep Surgery
12:45 PM	Ranjini Raghavan, India	“Is Snoring benign? Carotid Intima-Media thickness as a Marker of Subclinical Vascular Risk”
1:00 PM	Lunch	
Functional airway assessment		
2:00 PM	Yoshinori Saito, Japan	Natural Sleep Endoscopy
2:15 PM	Rashu Mittal, Bahrain	Dynamic Drug Induced Sleep Computed Tomography: A correlation with other diagnostic modalities
2:30 PM	Narinder Singh, Australia	CFD and Nasal Airflow
Role of imaging in functional airway assessment		
2:45 PM	Seemab Shaikh (Moderator), Vijaya Krishnan, Konomi Ikeda, Roshan Rayen	Emerging role of imaging in functional airway assessment
Sleep Study Simplified: From Polysomnography to Home Sleep Testing—What’s Reliable?		
3:30 PM	Mariana Campos, Spain	Sleep Medicine in the Era of Big Data and AI: How large-scale analysis of PSG
3:45 PM	Tripat Deep Singh, India	PSG – Success lies in the data which we are Ignoring
4:00 PM	Marta Alcaraz Fuentes, Spain	Can we trust in PSG parameters?
DISE, CBCT, and Dynamic MRI: Are we seeing the same airway?		
4:15 PM	Vijaya Krishnan (Moderator), Bhik Kotecha, Sandeep Bansal, Seemab Shaikh, Sukhwinder Bindra, Marina Carrasco-Llatas, Srinivas Kishore	DISE, CBCT, and Dynamic MRI: Are We Seeing the Same Airway?
Instructional Course 6 (120 mins)		
5:30 PM	Sandeep Bansal, Anukaran M, Shilpa Nair, Kashmira	Drug-Induced Sleep Endoscopy (DISE) – Step-by-Step Technique

## RERA Hall 3: DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Topic
Combined Sessions		
From Airway Anatomy to Endotype-Driven Surgical Selection		
12:00 PM	Sreenivas Kamath, India	Understanding the Velopharynx: A Surgical Perspective
12:15 PM	Shilpa Nair, India	Functional Anatomy of the Oropharynx, and Hypopharynx in OSAS
12:30 PM	Anupam Kanodia, India	Endotypes and Phenotypes in OSAS: Concepts and Clinical Relevance
12:45 PM	Kamal Pandyan, India	Endotype-Based Patient Selection for Surgical Therapy
1:00 PM	Lunch	
Pediatric OSAS		
2:00 PM	Tushar Kanti Ghosh, India	Nasal stuffiness, mouth breathing , snoring in children's is it really allergic or something else.
2:15 PM	Sankara Subramanian, India	Role of Allergic Rhinitis in Pedaitric OSAS
2:30 PM	Shailesh Khode, UAE	Residual OSAS in Non syndromic children: Post T & A
Scoring the Airway: Do We Need a Universal Classification for Sleep Endoscopy?		
2:45 PM	Thomas Kaffenberger (Moderator), Vikas Agrawal, Narender Singh, Sohil Gala	Scoring the Airway: Do We Need a Universal Classification for Sleep Endoscopy?
Palate Surgery: Principles & Rationale		
3:30 PM	Nagarajan S, India	Principles and Biomechanics of Palatal Surgical expansion
3:45 PM	Antony Irudhayarajan, India	Rationale for Uvula-Sparing Techniques in OSAS Surgery
4:00 PM	Vidyasagar D, India	Modified Barbed Pharyngoplasty: When, Why, How?
Sleep Study Simplified: From Polysomnography to Home Sleep Testing—What’s Reliable?		
4:15 PM	Prabhudesai P (Moderator), Tripath Deep Singh, Vidyasagar D, Anupam Kanodia, Jas Simran, Raghavendra K S, Prakhar Agarwal	Sleep Study Simplified: From Polysomnography to Home Sleep Testing—What’s Reliable?
Instructional Course 7 (120 mins)		
5:30 PM	Ranjini Raghavan, Navin Patel, Dipankar Datta, Bijiraj, Rahul Nahar, Shivam Sharma	The New Pack in ENT: Elevating Sleep Procedures with WEREWOLF, HALO, and ARIS

## NREM Hall 4: DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Topic
Combined Sessions		
Revisiting DISE: Evolution, Interpretation & Re-Classification		
12:00 PM	Bhik Kotecha, UK	40 Years of DISE
12:15 PM	Shivam Sharma, India	From Static Anatomy to Dynamic Function: Insights from DISE
12:30 PM	Anand Raju, India	The Limitations of Current DISE Interpretation: Implications for a New Classification Framework
12:45 PM	Mihir Mohan, India	DISE classifications: Are we just poking a continuum?
1:00 PM	Lunch	
ISSS Research Meeting (2 pm to 6 pm)		
Instructional Course 8 (90 mins)		
6:00 PM	Gautham K, Atul Pore	Interdisciplinary Surgical Planning for Multilevel Sleep Surgery

# REM Hall 5: DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Topic
Combined Sessions		
Integrating Dental and Clinical Perspectives in SDB		
12:00 PM	Audrey Yoon, USA / Nivedita Kumar, India	OSA from Dental Perspective
12:15 PM	Mihir Shah, India	Pathophysiology of Pediatric OSA: Phenotypic Perspective
12:30 PM	Preeth Shetty, India	History and Clinical Examination in Pediatric SDB
12:45 PM	Pooja Radadiya, India	History and Clinical Examination in Adult SDB
1:00 PM	Lunch	
Diagnostic Tools for Airway Assessment		
2:00 PM	Roshan Rayen, India	Investigatory Tools for Growth Based Airway Assessment
2:15 PM	Nivedita Kumar, India	Sleep Studies interpretation for Dentists
2:30 PM	Sukhvinder Bindra, India	CBCT Interpretation for Obstructive Sleep Apnea
Airway Augmentation & Growth Modification		
2:45 PM	Manisha Yadav, India	Airway Augmentation from Infancy to Adulthood
3:00 PM	Santoshkumari Rathod, India	Treatment modalities for Pediatric SRBD at different Ages
3:15 PM	Sneha Hukmani, India	Role of Functional Appliances- Twin Block in Pediatric SDB
Guiding growth Guarding Sleep craniofacial growth modifications for pediatric OSA		
3:30 PM	Ejaz Anwar, India	Vertical growth risk for OSA and intervention in pediatric patients
3:45 PM	Kranthikumar Reddy, India	Maxillary expansion and OSA: Decision making in clinical practice
4:00 PM	Jojo Vallamatam, India	Unlocking the power of breathing & Sleep with MSE
Airway Remodeling for pediatric and adolescent		
4:15 PM	Mihir Shah (Moderator), Rahul Modi, Jojo Vallamatam, Meenakshi Kher, Audrey Yoon, 1 pediatrician	Airway Remodeling for pediatric and adolescent
Surgical Video Session 3		
5:30 PM	Sukhvinder Bindra, India	SARME/MMA
5:45 PM	Chandrakant Shete, India	The Amazing benefits of practicing Dental Sleep Medicine
6:00 PM	Hariharan VS, India	Videos session on MAD DEVICE for snoring.
6:15 PM	Ankita Shah, India	Why Many Sleep Appliances Fail: The Missing Role of TMJ, Tongue Posture & Neuro-Fascial Balance
6:30 PM	Jojo Vallamatam, India	Surgical Assisted MSE with Piezotome
6:45 PM	Pratibha Mahajan, India	Dynamics of treatment of sleep apnea,posture and performance enhancement in sports.
7:00 PM	Chandrakant Shete, India	Novel way for effective Management of OSA: Customised Mandibular Repositioning Device & CPAP (Hybrid Therapy)
7:15 PM	Tina Rokadia, Dubai	Video session for DISE In MAD's

## SG Hall 6: DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Topic
Combined Sessions		
Instructional Course 1 (60 mins)		
12:00 PM	Rahul Modi, Sohil Gala, Anupam Kanodia	Polysomnography & Sleep Report Interpretation for Surgeons
1:00 PM	Lunch	
Instructional Course 3 (90 mins)		
2:00 PM	Srinivas Kishore, Vidyasagar R, Yawar	Detailed Surgical Anatomy of the Upper Airway: From Nasal Valve to Epiglottis
Surgical Video Session 1		
3:30 PM	Tatiana de Agular, Brazil	Barbed reposition pharyngoplasty : When, how and Why?
3:45 PM	Maria Alejandra Pulido	Barbed Pharyngoplasty (BRP): How I do it
4:00 PM	Nayeli Diaz	Barbed Pharyngoplasty (BRP): How I do it
4:15 PM	Luciana Godoy	Barbed Pharyngoplasty (BRP): How I do it
4:30 PM	Raul Mtz Vite	Barbed Pharyngoplasty (BRP): How I do it
4:45 PM	Anamika Rathore, Dubai	Barbed Pharyngoplasty (BRP): How I do it
Surgical Video Session 4		
5:30 PM	Ganesh Raja, India	Palatal Surgery: Modifications
5:45 PM	Raghavendra K S, India	Palatal Surgery: How I do it
6:00 PM	Ani Papian, Russia	Vicini and Salamanca Technique of Barbed Pharyngolasty
6:15 PM	Rishab Jain, India	TBD
6:30 PM	Satyaprakash Dubey, India	My experience with UPPP
6:45 PM	Neha Shah, India	RAUP by Kotecha technique
7:00 PM	Anand Raju, India	Modified Zeta Palato Phayrngoplasty
7:15 PM	Lekha Kapoor, Dubai	Palatal Surgery: How I do it

## Arousal Hall 7 : DAY 01 – 20th February, 2026 (Friday)

Time	Speaker	Topic
<b>Combined Sessions</b>		
<b>Instructional Course 2 (60 mins)</b>		
12:00 PM	Arup Haldar, Dipti Badwe, Dipankar Datta, India	CPAP Titration, Troubleshooting, and Data Interpretation for Surgeons
<b>1:00 PM</b>	<b>Lunch</b>	
2:00 PM	Clemens Heiser, Germany	Neurostimulation
<b>Surgical Video Session 2</b>		
3:30 PM	Deepti Sinha, India	Role of nasal surgery in Sleep Apnea
3:45 PM	Rakhi Dhotre, India	Optimising Airflow - the role of nasal surgery in OSA
4:00 PM	Ram Kumar, India	Role of Turbinate Surgery in Pediatric OSAS
4:15 PM	Tarak Emara, Egypt	Tongue base surgery for OSA patients: How I do it ?
4:30 PM	Marty Hopp, USA	Using Virtual Health to Guide Mandibular Advancement Device(MAD) Treatment of OSA
4:45 PM	Andrew Wong, Australia	Multilevel sleep surgery with coblation tongue reduction
<b>Instructional Course 9 (120 mins)</b>		
5:30 PM	Sukhwinder Bindra, India	Skeletal Framework Surgery – Hands on